

Michigan Christian Youth Camp & Retreat Center
~Glorifying God by providing an environment that promotes Christian growth~
820 N. Lake George Rd., Attica, MI 48412 Phone: 810-664-8040 Fax: 810-664-2863
Email: mcyc@mcyc.org Website: www.mcyc.org

Release Form for Activities

Participants Name _____

Address _____ City _____ State _____ Zip _____

Home Phone# _____ Cell Phone # - _____

Date of Birth ____/____/____ Age ____

Medical Ins. _____ Policy# _____

The challenge course is likely to be both physically and emotionally challenging. By completing and signing this form you are assuring MCYC that there are no physical or psychological reasons that you know of which would in any way make participating in this program a risk for you.

- Yes No Have you ever had a heart attack or heart condition?
 Yes No Have you ever had heart surgery?
 Yes No Have you ever had any type of seizure?
 Yes No Have you broken any bones or had any serious sprains in the last six months?
 Yes No Have you had any problem with depression or been diagnosed or treated for any psychological disorder?
 Yes No Are you currently taking any medications?

Please explain any Yes answers:

Low Med High Current level of activity at home.

Please list any allergies (food, bees, insects, etc.) or reactions to medications:

I recognize that certain hazards and dangers are inherent in the Michigan Christian Youth Camp (MCYC) events and programs and particularly, but not limited to, the activities of Horseback Riding, Dairy Farm Tour, Petting Farm, Barnyard Bonanza, Orienteering, Ropes Courses (Low Ropes and High Ropes), Adventure Challenge, Swimming, High Adventure areas, Extreme sports, winter tubing, snowboarding and ice skating and I acknowledge that although MCYC has taken safety measures to minimize the risk of injury to participants, MCYC cannot insure nor guarantee that the participants equipment, premises, and/or activities will be free from hazards, accidents, and/or injuries. I further recognize the importance of knowing and abiding by the camp's rules, regulations, and procedures for the safety of activity participants.

The Challenge Courses are operated on a Challenge by Choice basis. Each participant will be encouraged to try each element, but is free to choose their own level of participation and will not be forced or coerced to participate in any element against their will.

In consideration of MCYC accepting and permitting me to attend camp and participate in the camp's activities, I agree that MCYC, a non-profit corporation, its agents, officers, employees, trustees and volunteers will not be liable for any injury, death, damage and/or loss to me and/or anyone claiming on my behalf, and I further agree to hold harmless, indemnify and defend MCYC, its officers, agents, employees, trustees and volunteers for and from any and all damage during the time of my attendance and participation at MCYC, whether such injury, illness, damage or death occurs on or off the camp's premises.

Each participant must understand that there is actual risk of injury in this program. Rope burns, scrapes, strains, and muscle pulls are not uncommon with these activities. **Safety is our number one priority in operating all our programs.**

Check this box if you would like NOT to receive information about MCYC

Participants Signature (over 18) _____

Printed Name of Participant _____ Date _____

Parent or Guardian's Signature if under 18 years of age _____

Emergency Contact Name _____ Phone# _____